



MANIPAL
ACADEMY of HIGHER EDUCATION
(Institution of Eminence Deemed to be University)

Manipal Hospice and Respite Centre (MHRC)

A Social Impact Initiative of Manipal Academy of Higher Education



INTRODUCTION

Manipal Hospice and Respite Centre (MHRC) is a unit of the Manipal Academy of Higher Education (MAHE). It was created to reduce the physical, emotional, and social suffering of people, children and adults, living with terminal or serious long-term illnesses. MHRC provides a safe place where patients and families receive comfort, dignity, and compassionate care during very difficult times. Dignity in life refers to living authentically, with respect, autonomy, and a sense of purpose. Dignity in death extends these principles to the end of life, emphasizing a peaceful dying process that is free from unnecessary suffering. Hospice care plays a central role in enabling this compassionate, person-centered approach.

MAHE, an *Institute of Eminence* and a pioneer in medical education and healthcare delivery, has consistently worked to improve the lives and livelihoods of individuals from diverse backgrounds. MHRC represents yet another initiative that aligns with MAHE's longstanding commitment to advancing human well-being. MHRC is completely philanthropic. All services are **free of cost** for patients and families. Any contributions made by the public are purely voluntary, with no solicitation or expectation of donations.



PALLIATIVE, HOSPICE AND RESPITE CARE

Palliative Care is a specialized medical care that focuses on relieving suffering and improving quality of life of patients with serious illnesses addressing pain and other symptoms, as well as their emotional, social and spiritual needs. Palliative care begins at the diagnosis of any serious illness and is provided alongside curative treatment

Hospice Care is an integral part of palliative care and begins when illnesses become incurable. It focuses on providing comfort, support, and quality of life for patients with incurable diseases who are nearing end-of-life and their caregivers

Respite Care is a short-term stay offered to patients with serious illnesses. These patients are not necessarily at the end-of-life. It offers temporary relief to caregivers from caregiving tasks, while the multidisciplinary team provides physical, emotional, social, spiritual, practical and rehabilitative support. It is a step-down from hospital before going home.



OUR SERVICES

Inpatient Hospice Care:

We offer round-the-clock person-centered compassionate care for patients requiring symptom control, psychosocial and spiritual support, and comfort-focused care



A multidisciplinary team of specialist palliative care doctors, nurses, counsellors, social workers, physiotherapists, dieticians and other allied professionals provide medical, nursing, psychological, spiritual and rehabilitative support.

Inpatient Respite Care:

We offer short-term admissions for up to 15 days for patients with serious illnesses. These stays help patients manage symptoms and receive emotional support. They also give caregivers time to rest and regain strength.

Respite services include pain and symptom management, emotional and spiritual support, effective communication, psychological counselling, comprehensive care and treatment planning, caregiver empowerment, as well as step-down care from the hospital.

Palliative Care Advocacy, Education and Research:

We train healthcare workers, patients, families, and community members through short courses on palliative and end-of-life care.

Our work also includes advancing advance care planning, opioids stewardship via ASHA/ANM workers, research in hospice and end-of-life care, and organised fundraising efforts

ADMISSION PROCESS

- Patients may be referred by doctors, hospitals, or by families themselves.
- All patients must first visit the Department of Palliative Medicine and Supportive Care at Kasturba Medical College and Hospital, Manipal.
- Consultants there will assess the patient and decide if they are eligible for admission.
- If eligible, the patient will receive a **referral card**. Admission to MHRC is not allowed without this card.
- **Direct admissions are not permitted.**

PROJECT SITUATED AT

Kolalagiri Bhandasale Road,
Havange, Udupi District, Karnataka, India
(4.5 km - four and half kilometre from Manipal)

[Manipal Hospice and Respite Centre - Google Maps](#)



PROJECT SITE AND STRUCTURE

MHRC is located 4.5 km from Kasturba Medical College & Hospital, Manipal. It is surrounded by greenery and offers a peaceful environment for patients and their families. The centre is also close to NH 66, making it easily accessible for patients travelling from other places.

The architecture blends Udupi's traditional style with modern design. Features include:

- Natural light and airflow through open central courtyards
- Heat-reducing materials to keep rooms cool
- Wide, accessible pathways for wheelchairs and stretchers
- Accessible bathrooms
- A homelike design that brings comfort during end-of-life

The centre covers 11.8 acres and includes separate blocks for administration, academics, clinical care, rehabilitation, alternative therapy, kitchen and dining, utility services, security, and a mortuary.





Patient Room

Therapy Block



WHAT MAKES US UNIQUE

- India's only hospice linked to a teaching university. This ensures expert supervision and continuous learning.
- One of India's largest hospices with 100 beds for cancer and non-cancer illnesses.
- Led by specialist palliative care doctors with 24x7 medical support.
- Evidence-based, protocol-driven care to ensure high quality and safety.
- Care that supports both patients and families, addressing emotional, social, and spiritual needs.
- A national centre for education, training, and research in palliative and end-of-life care.

HOW YOUR SUPPORT HELPS



- **Infrastructure development:** Contributions help expand and maintain high-quality facilities, ensuring a safe and healing environment.
- **Medical equipment and technology:** Donations enable procurement of essential clinical equipment and supportive technologies that improve patient comfort and care delivery.
- **Patient-care subsidies:** Funding helps ensure that all services remain completely free for patients and families, regardless of financial status.
- **Training and capacity building for staff:** Support strengthens the skills and competencies of the multidisciplinary team, enhancing the quality of care.
- **Community and home-based palliative outreach:** Funding supports community engagement and enables outreach services for patients unable to travel.
- **Research and advocacy initiatives:** Contributions help generate evidence to influence policy, improve practice, and advance palliative care nationally.

VOLUNTEERING AT MHRC

Volunteers play a meaningful role at MHRC. Your time and presence can bring comfort, dignity, and kindness to patients and families. Volunteers may help by:

- Talking to patients and offering companionship
- Supporting families emotionally and practically
- Engaging in reading, music, art, or recreational activities
- Celebrating birthdays, anniversaries, and festivals
- Assisting with daily tasks

Your involvement brings joy and a human touch that makes a real difference.

WHY PARTNER WITH US?

- Backed by MAHE, an Institute of Eminence: Ensures robust institutional support, academic strength, and strong governance systems.
- Strong academic, clinical, and administrative foundation: MHRC benefits from MAHE's rich experience in healthcare delivery, education, and institutional management.
- Ethical governance and transparent financial reporting: Clear processes ensure accountability, trust, and responsible utilisation of all contributions.
- Commitment to patient dignity, compassion, and quality of care: Every aspect of service is guided by respect, empathy, and adherence to the highest care standards.
- Proven track record of excellence in palliative care and training: MHRC builds on MAHE's established legacy of clinical excellence and leadership in palliative care education.





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Contact us:

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(9:00 am – 5:00 pm, All Working Days only. Please note that we will be unable to attend calls after 5:00 PM and on Sundays and public holidays)

Website: <https://manipal.edu/mu/campus-life/mhrc.html>

